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TRANSPORTATION RESOURCE GUIDE

Empowering Smarter Transportation Choices

A photograph of the George Washington Bridge, a large steel suspension bridge, spanning a body of water. The New York City skyline is visible in the background under a cloudy sky. A large blue diagonal graphic element is on the left side of the image.

Bergen County

Meadowlands Transportation Brokerage Corporation
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(201) 939-4242 | www.ezride.org

Acknowledgment & Disclaimer

Acknowledgment

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Disclaimer

This Guide contains information gathered from publicly accessible websites and other sources believed to be reliable. However, the accuracy, completeness, and timeliness of such information cannot be guaranteed. The inclusion of any transportation provider in this report does not constitute or imply endorsement, approval, or recommendation by EZ Ride.

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1. Introduction

Welcome to your comprehensive Bergen County Resource Mobility Guide.

In today's fast-paced world, mobility is more than just getting from point A to point B. It's about freedom, efficiency, and sustainability. Whether you want to enhance your daily commute, find a home near convenient public transportation, or evaluate transportation options for an aging parent or a loved one with disabilities, this guide will serve as your gateway to smarter, smoother, and more sustainable movement in Bergen County.

Why Mobility Matters?

Mobility affects every aspect of our lives, from our daily routines to our long-term health and the environment. As urban populations grow and technology evolves, the way we move also changes rapidly. This guide is designed to help you navigate these changes, make informed choices, and embrace the exciting future of transportation.

What You'll Find?

This guide highlights a wide range of transportation services and resources offered by Bergen County, municipalities, transportation network companies (TNCs), non-profit organizations, private wheelchair transportation providers, local taxi companies, private buses, NJ TRANSIT bus & rail services and New Jersey Travel Independence Program. While walking and biking are the most sustainable forms of transport, this guide does not cover pedestrian and biking facilities. Instead, it focuses primarily on transit and transport services for older adults and people with a disability.

Each section provides additional details such as program contacts, eligibility criteria, and application processes, making this guide a one-stop resource for transportation assistance in Bergen County.

Whether you're a CEO determining the ideal location for your business, a social worker or healthcare professional helping clients with transportation, a new resident, a city planner, a visitor, or someone simply striving for more efficient journeys, this guide has something for you. Let's embark on this journey together, toward a more mobile, connected, and sustainable future.

2. Bergen County Transportation



Bergen County Community Transportation

📍 Address: 178 Essex St., Lodi NJ 07644

☎ Phone: (201) 368-5955

🌐 Website: [Bergen County Community Transportation](#)

Community Transportation



- [Community Transportation](#) is a service available for older adults and individuals with disabilities, and frail residents of Bergen County.
- Door-to-door service, when possible, and provided by drivers who are trained to assist older adults and people with disabilities.
- Transportation for medical appointments, employment, educational opportunities, community and recreational activities, shopping etc.
- Must call at least 3 business days in advance to schedule a trip (201) 368-5955. Suggested donation of \$1 per trip.

Ride Connect Program

- The [Ride Connect Program](#) is available for Bergen County residents aged 60 and older
- Free transportation to senior centers, medical appointments, shopping etc.
- Prior approval is required from mobility manager who connects the riders with transportation option, which may include Community Transportation, local town buses, EZ Ride, NJ TRANSIT, or Access Link (if eligible).
- Riders must call Monday – Friday 9am – 2pm at (201) 368-5955

Transit Connector Service



- [The Transit Connector](#) is a free, ADA-accessible weekday shuttle that links the Essex Street train station, County Complex, Transit Bus Station, and the Hackensack Medical Center.
- Service operates every hour from 7:15 A.M. to 6:15 P.M. No service at 10:15 A.M. & 2:15 P.M.
- The service can deviate two blocks from the scheduled route and requests must be received 24 hours prior to the trip by calling (201) 368-5955 and press 1 for dispatch.

Bergen Community College Shuttle



- Free shuttle between Main Campus/Paramus and Bergen Community College at the Meadowlands/Lyndhurst when classes are in session.
- No service during summer or on weekends
- Hourly service Monday – Friday for students and faculty:
 - From Meadowlands/Lyndhurst Campus: 7:00 A.M. to 7:00 P.M.
 - From Paramus Campus: 7:30 A.M. to 8:00 P.M.
- Shuttle is ADA-accessible
- [Check Bergen Community College's](#) website for the up-to-date shuttle schedule and additional information.

3. Municipal Transportation

Alongside county services, several municipalities operate their own transportation programs. Below is a list of the services available in each municipality.

Municipality	Type of Service	Eligibility-Age	Service Hours	Phone & Website
1. Bogota	Free bus for food, mall shopping, doctor visits & senior center.	60+	Call for Details	(201) 342-1736 Ext. 232 Bogota Senior Bus
2. Carlstadt	Free bus for food, mall shopping and medical appointments. Advance reservation required- 5 days in advance.	60+	Tue/Thur/ Fri. 1:00 P.M. - 5:00 P.M.	Medical: (551) 486-9411 Mall/Shopping: (201) 531-7181 Carlstadt Senior Bus
3. Edgewater	Free bus for shopping at Acme & Shop Rite.	60+	Tuesdays to Edgewater Stores Only 9:30 A.M. – 11:30 A.M. Thursdays to ShopRite/Pal Park 9:30 A.M. - 11:30 A.M.	(201) 943-1700 Ext. 3130 Edgewater Shopping Bus
4. Cliffside Park	Free Ferry Shuttle Service.	60+	Monday – Friday 5:30 A.M. & 9:40 A.M. & 4:00 P.M.- 8:20 P.M.	(800) 533-3779 Free Ferry Shuttle Bus
5. Dumont	Free bus for medical, pharmacy, post office or nursing home.	60+	Monday – Thursday 7:00 A.M. - 1:15 P.M. Friday (Stop & Shop) 7:00 A.M. - 1:15 P.M.	(201) 387-5040 Dumont Senior Bus
6. East Rutherford	Free bus for shopping and other local trips including medical appointments.	60+	Monday – Friday 8:00 A.M. - 4:00 P.M.	(201) 937-9711 East Rutherford Senior Medical Bus
7. Edgewater	Free bus for medical appointments as well as shopping to Pathmark.	60+	Mon - Wed – Fri (Medical) 8:00 A.M. – 12:00 P.M. Tuesday & Thursdays (Medical) 11:00 A.M. – 12:00 P.M.	(201) 943-1700 Ext. 3130 Edgewater Medical and Shopping Bus

Municipality	Type of Service	Eligibility-Age	Service Hours	Phone & Website
8. Fair Lawn	Free bus for local use around town only. Children must be accompanied by adult.	All Ages	Monday - Friday 9:00 A.M. - 4:00 P.M.	(201) 794-5327 Fair Lawn Mini Bus Service
9. Fairview	Free for medical appointments and local shopping. Medical: Monday and Wednesday by appointment only, seven-day notice required.	60+	Monday – Friday 8:00 A.M. - 12:30 P.M. Drop Off Tuesday & Friday Only 10:00 A.M. - 2:30 P.M. Drop Off	(201) 943-3768 Fairview Senior Bus
10. Fort Lee	Free bus for medical services and local shopping.	60+	Monday – Friday 9:00 A.M. - 3:00 P.M.	(201) 592-3500 Ext. 1518 Fort Lee Senior Bus
11. Garfield	Free bus to senior activity center.	54+	Monday – Friday 8:00 A.M. - 3:30 P.M.	(973) 478-0502 Garfield Senior Activity Center Bus
12. Glen Rock	Free bus for shopping, doctors' appointments and daily needs. 'Arrange A Ride' shuttles are available for local doctor appointments.	60+	Monday - Friday 8:30 A.M. - 2:00 P.M. Tuesdays: Grocery Store Trip (Shoprite & Stop & Shop) Thursdays: The Mall @ 11:00 A.M. – 2:00 P.M.	(201) 670-3956 Glen Rock Senior Bus
13. Harrington Park	Free van for medical appointments and shopping.	55+	Monday - Friday 8:00 A.M. - 3:30 P.M.	(201) 385-3577 Harrington Park Senior Van
14. Haworth	Free van for medical appointments and shopping trips within a 10-mile radius.	55+ & 18+ For Disabled	Monday - Friday 9:00 A.M. - 3:00 P.M.	(201) 385-3577 Haworth Senior Van

Municipality	Type of Service	Eligibility-Age	Service Hours	Phone & Website
15. Hasbrouck Heights	Free bus for shopping, exercise, and other activities.	62+	Tuesday - Thursday Pickup begins 8:45 A.M.	(201) 693-8124 Hasbrouck Heights Senior Bus
16. Hillsdale	Free van for local doctors' appointments, food shopping, post office/banking and other errands.	50+	Tue/Wed/Thur 9:00 A.M. - 1:30 P.M.	(201) 391-4977 Ext. 200 Hillsdale Senior Van
17. Leonia	Free bus for shopping, social, recreational, and medical services within Leonia.	60+ & Disabled 18+	Monday - Friday Shopping 8:30 A.M. & 10 A.M. Tuesday & Thursday Medical 8:30 A.M. - 1:30 P.M.	(201) 302-9660 to Register and (201) 305-0578 to Reserve a Ride Leonia Senior Bus Service
18. Mahwah	Free van for medical services, shopping, banking, senior center and more.	62+	Monday - Friday 8:30 A.M. - 1:30 P.M.	(201) 529-2691 Mahwah Senior Van
19. Maywood	Free bus for shopping, errands, and various activities.	60+ & Disabled 18+	Mondays & Fridays 9:00 A.M. - 1:00 P.M. (Except Borough Holidays)	(201) 845-2900 Maywood Senior Shuttle Bus
20. Montvale/Park Ridge	Free bus for shopping, errands, and various activities.	55+	Wednesdays & Fridays (Montvale Residents) 8:30 A.M. - 1:30 P.M. Thursdays (Park Ridge Residents) 8:30 A.M. - 1:30 P.M.	(201) 391-5700 Montvale Senior Van
21. New Milford	Free bus for medical appointments and shopping.	60+	Monday – Friday 8:00 A.M. - 3:00 P.M.	(201) 967-5044 Ext. 7874 New Milford Senior Van

Municipality	Type of Service	Eligibility-Age	Service Hours	Phone & Website
22. No. Arlington	Free bus for shopping and other errands.	60+	Monday – Friday 9:45 A.M. - 11:25 A.M. 1:15 P.M. - 3:00 P.M. (Excluding Holidays)	(201) 991-6060 Ext. 311 North Arlington Senior Bus Schedule
23. Oakland	Free bus for senior center, medical appointments, shopping and local businesses.	55+	Tuesdays 9:00 A.M. - 12:00 P.M. Wednesdays 12:00 P.M. - 4:00 P.M. Thursdays 10:30 A.M. - 2:30 P.M.	(201) 405-7731 Oakland Senior Bus
24. Oradell	Free van for medical appointments and grocery shopping.	55+	Wednesdays Grocery Shopping 11:00 A.M. Tuesdays & Thursdays Medical 9:00 A.M. - 4:00 P.M.	(201) 261-8200 Ext. 8 Oradell Senior Bus
25. Palisades Park	Free bus for medical appointments, groceries, and other shopping.	60+	Monday – Friday 9:15 A.M. - 3:30 P.M. Wednesdays 9:15 A.M. - 12:30 P.M. (Medical) 1:00 P.M. - 3:30 P.M. (Shopping)	(201) 585-4114 Palisades Park Senior Bus
26. Paramus	Free bus for shopping, groceries, and other errands.	62+	Monday 11 A.M. to 12:00 P.M. Tuesday & Wednesday 8 A.M. to 12:15 P.M. Thursday 7:30 A.M. to 10:45 A.M. Friday 7:45 A.M. to 10:45 A.M.	(201) 649-0738 Paramus Senior Bus

Municipality	Type of Service	Eligibility-Age	Service Hours	Phone & Website
27. Park Ridge	Free wheelchair accessible van for shopping, groceries, and other errands within 8-mile radius.	55+	Mon – Tue – Thur 8:00 A.M. - 2:00 P.M.	(201) 573-1800 Ext. 500 Park Ridge Senior Van
28. Ramsey	Free van for shopping trips and local transportation within the borough.	60+		(201) 825-3400 x 277 Ramsey Senior Van (Click on the Senior Center newsletter to view senior van info)
29. Ridgewood	Free bus for groceries, shopping, and other errands.	60+	Tuesday & Thursday 9:30 A.M. - 2:00 P.M. Wednesday 9:00 A.M.- 11:15 A.M.	(201) 670-5500 Ext. 2203 Ridgewood Senior Bus
30. River Edge	Free bus for medical appointments and local shopping.	60+	Monday – Friday 8:00 A.M. - 4:00 P.M.	(201) 599-6277 River Edge Senior Bus
31. River Vale	Free bus shopping or appointments within the Pascack Valley area.	65+	Wednesdays 9:30 A.M.- 3:00 P.M.	(201) 644-2346 Ext. 1006 River Vale Senior Transportation
32. Rutherford	Free commuter shuttle to train station and free shuttle to Shop Rite.	All Ages	Monday - Friday: Commuter Shuttle 6:00 A.M. - 8:43 A.M. and 4:49 P.M. - 7:04 P.M. Monday & Wednesday ShopRite Shuttle 9:00 A.M. – 3:46 P.M.	(201) 460-3000 Ext. 4000 Rutherford Commuter Shuttle

Municipal Transportation

Municipality	Type of Service	Eligibility-Age	Service Hours	Phone & Website
33. Saddle Brook	Free bus for medical appointments.	60+	Monday – Thursday 8:00 A.M. - 1:00 P.M.	(201) 845-4594 Saddle Brook Senior Bus
34. Teaneck	Free bus for medical appointments and grocery trips.	60+	Monday – Friday (Except municipal holidays) 8:30 A.M. - 2:30 P.M.	(201) 837-7130 Ext. 7040 Teaneck Senior Bus
35. Tenaflly	Free bus for medical appointments and shopping	50+	Monday – Friday 9:00 A.M. - 4:00 P.M.	(201) 408-3625 Tenaflly Senior Bus
36. Washington	Free bus for social services, shopping, and medical visits.	55+	Monday – Friday 8:30 A.M. - 3:00 P.M.	(856) 589-3227 Washington Senior Bus
37. Westwood	Free van for medical and shopping for Westwood and Emerson residents.	60+	Monday – Friday 9:00 A.M. - 2:00 P.M.	(201) 664-7100 Ext. 170 Westwood Senior Van
38. Woodcliff Lake	Free van for doctor appointments, pharmacy, food shopping and other errands	55+	Tue/Wed/Thur 9:00 A.M. - 2:00 P.M.	(201) 391-4977 Ext. 200 Woodcliff Lake Senior Van
39. Wood-Ridge	Free bus to the mall and supermarkets	60+	Monday – Friday 9:00 A.M. - 4:00 P.M.	(201) 939-7507 Wood-Ridge Senior Bus
40. Wyckoff	Free, shared-ride service for residents for shopping, medical, library, post office, town hall, banking, Larkin House Senior Citizen Facility and other destinations.	55+ or Disabled	Tuesdays & Thursdays 10:00 A.M. - 2:00 P.M.	(201) 848-4BUS or (201-848-4287) Wyckoff Senior Bus

4. Private Wheelchair Accessible Transportation



Address: 70 South Orange Ave.,
Livingston, NJ 07039
Phone: (732) 431-6480
Website: ride.life

Services

- Non-emergency transportation for individuals with disabilities, medical needs, or mobility limitations.
- Door-to-door assistance is available upon request.
- Ride costs vary based on distance traveled and the type of vehicle required.
- To schedule a ride or receive a quote, call or request a quote online.

5. TNC's & Related Programs



Transportation Network Companies (TNC's)

A Transportation Network Company (TNC) is a service that connects passengers with drivers via a mobile app or online/web-based platform, providing on-demand transportation. When selecting a TNC, consider factors such as accessibility, cost, ease of use and service availability in your area.



Lyft

On demand 24/7 car service.

You will first have to sign up by downloading the app on your cell phone and set up an account with your credit card.

 **Website:** www.lyft.com



Uber

On demand 24/7 car service.

You will first have to sign up by downloading the app on your cell phone and set up an account with your credit card.

 **Website:** www.uber.com

Transportation Programs Using TNC's



EZ Ryde4Life®

Rides on demand with Lyft & Uber

Statewide transportation for adults 18 years and older. Membership is required and no smartphone is needed.

 **Phone:** (201) 939-4242, Option 4

 **Website:** ezride.org/ezryde4life



Go-Go Grandparent

On demand 24/7 car service.

Transportation through Lyft or Uber and deliveries of meals, groceries via DoorDash or Instacart. Membership is required and no smartphone is needed.

 **Phone:** 1 (855) 955-2318 Ext. 93090

 **Website:** get.gogograndparent.com

6. Non-Profit Transportation Providers



Address: 270 Peachtree St NW, Suite 1300
Atlanta, GA, 30303
Phone: (800) 277-2345 ext. 5
Website: www.cancer.org

Road to Recovery Program

The program uses volunteer drivers to offer free transportation exclusively for cancer patients who need assistance getting to and from their medical appointments, including chemotherapy, radiation, or follow-up visits.

- The service availability depends on the number of volunteer drivers in your area.
- Patients must call ahead to schedule rides – same day requests may not be possible
- Formal account is not required, but information such as diagnosis, treatment, location and appointment details will be needed

Non-Profit Transportation Providers



 **Address:** 144 Park Place
Wood-Ridge, NJ 07075
 **Phone:** (201) 939-4242
 **Website:** www.ezride.org

About

EZ Ride is a nonprofit organization that provides affordable, safe, and reliable transportation services throughout New Jersey. Its programs are designed to fill the gaps in the public transportation network, ensuring access to essential services, workplaces, schools, medical appointments and more.

1. Shuttle Program



The shuttle program serves as an extension of public transit and connects key transit hubs, train stations and bus terminals to workplaces and other destinations.

 **Phone:** (201) 939-4242 Option 1
 **Website:** [Shuttle Program](#)

2. EZ Ryde4Life Program

EZ Ryde4Life is a membership-based program that provides rides for adults 18 years or older in partnership with Lyft and Uber throughout New Jersey. The program is entirely app-free and does not require a smartphone.

 **Phone:** (201) 939-4242 Option 4
 **Website:** [EZ Ryde4life Program](#)

How to Register?

- Register by providing a credit or debit card. No reservations are required; rides are scheduled on demand.
- To speak with a live representative, call (201) 939-4242 Option 4, or [fill an application online](#), or [print the registration form](#) and mail it to our office at: 144 Park Place East, Wood-Ridge, NJ 07075

What Does it Cost?

- Non-refundable one-time registration fee: \$10
- Ride fee: based on Lyft or Uber rates + administrative fee: \$2.50 per ride

Non-Profit Transportation Providers

3. Carpool & Vanpool Program

EZ Ride's free ride-matching service connects you with New Jersey's largest commuter network, making it easy to find carpool or vanpool partners that fit your schedule. By sharing rides, participants save on commuting costs such as gas, tolls, and parking, while reducing wear and tear on their vehicles.

 **Phone:** (201) 939-4242 Option 2

 **Website:** [Carpool Program](#) - [Vanpool Program](#)

To start a carpool/vanpool or like to join an existing carpool click www.njrideshare.com.

4. Wheels 4 Work Program

The Wheels 4 Work program provides a used, refurbished bicycle to individuals with financial constraints for work or school-related transportation.

 **Phone:** (201) 939-4242 Option 3

 **Website:** [Bike/Pedestrian Program](#)

To participate, [fill out this application](#) and email bikeped@ezride.org.

7. Private Bus Service



For those seeking private bus services in Bergen County, the list below highlights options offering regular service routes as well as charter bus services to popular destinations. Each listing includes departure points, destinations and website links for schedules and bookings—making trip planning simple and convenient.

Fixed Routes



1. Greyhound

From: Ridgewood Northbound, and Ridgewood (Southbound) Train Station

To: New York City, Washington DC, Philadelphia, and Boston

🌐 **Website:** [Greyhound Bus Schedules](#)

2. Boxcar – Bergen Bullet

From: Train station at Waldwick, Ho-Ho-Kus and Ridgewood

To: East Side of New York City

🌐 **Website:** [Boxcar Routes](#)

3. Coach USA

From: Select Park & Ride locations in Bergen County

To: New York City and regional destinations

🌐 **Website:** [Coach USA Schedules](#)

4. FlixBus

From: Ridgewood

To: New York City and Washington DC

🌐 **Website:** [FlixBus Ridgewood Schedules](#)

5. MegaBus

From: Ridgewood Park & Ride

To: Bus service to New York City and Upstate NY

🌐 **Website:** click [megabus](#) or [create a user account](#)

Charter Services



1. Air Brook Bus

Type of Vehicles: Luxury sedans, SUVs, sprinter vans, mini buses and full-size motor coaches

Phone: (201) 843-6100

Website: [Reserve online](#)

2. Academy Bus

Type of Vehicles: 38-seat minibuses to 54-passenger coaches

Phone: (800) 442-7272 or (201) 420-7000

Website: [Academy Bus Schedules](#)

3. Community Coach (Coach USA)

Type of Vehicles: Motor coaches for charter groups and contract transportation

Phone: (201) 262-1220

Website: [Coach USA – Community Coach](#)

4. Lakeland Bus Lines

Type of Vehicles: Motor coaches and charter buses

Phone: (973) 366-0600

Website: [Lakeland Bus Lines Charter Services](#)

5. OurBus

Type of Vehicles: Luxury coach vehicles from 14 to 56 passenger

Phone: (747) 236-6916

Website: [Reserve online](#)

6. Panorama Tours

Type of Vehicles: 56-passenger motor coaches

Phone: (973) 470-9700

Website: [Panorama Casino Bus Services](#)

8. Local Taxi Companies



Looking for an alternative way to get around Bergen County? This section provides an overview of taxi companies in the area. You'll also find links to their websites, making it easy to compare rates, book rides and learn more about the services they offer.

1. Bergen County Taxi

 Phone: (201) 944-3737 or (201) 666-5666

 Website: bergencountytaxi.com

2. Bergen Tri-State Chauffeurs

 Phone: 1 (848) 999-9008

 Website: tristatechauffeurs.com

3. Bergen Cab & Limo Co.

 Phone: (973) 787-9059

 Website: nj-taxiservice.com

4. Bergenfield - Royal Taxi Cab Limo Service LLC

 Phone: (201) 724-7565

 Website: njroyallimo.com

5. Bogota - Infinity Car Service

 Phone: (201) 238-7427

 Website: taxiservicesbogota.com

6. Carlstadt - Big Ed's Car Services

 Phone: (201) 470-1590

 Website: bigedscarservices.com

7. Cliffside Park ASAP Taxi & Limo

 Phone: (201) 366-6675

 Website: asaptaxilimo.wixsite.com/taxinearme

8. Fair Lawn - Jersey On Time Taxi & Limo Car Service

 Phone: (973) 794-0076

 Website: quickstaxiairportlimo-nj.com

Local Taxi Companies

9. Fairview Transportation Services (Galaxy Star Taxi)

 Phone: (201) 951-1138

 Website: [Galaxy Star Taxi](#)

10. Fort Lee Taxi

 Phone: (201) 944-3737

 Website: [fortleetaxi.com](#)

11. Limo Taxi Car

 Phone: (201) 503-5055

 Website: [limotaxicar.com](#)

12. Maywood Taxi, Limos and Shuttles

 Phone: (201) 735-7535

 Website: [nj-taxiservice.com](#)

13. NJ Taxi & Limo 24 Hour Service

 Phone: (973) 340-0990

 Website: [www.njtaxis.com](#)

14. Palisades Park Taxi Service & Limo

 Phone: (201) 380-8885 or (551) 270-6700

 Website: [njlimoservice.org](#)

15. Rutherford Taxi & Limo Service

 Phone: (201) 507-0707

 Website: [rutherfordtaxi.com](#)

9. NJ TRANSIT Services



Address: 2 Gateway
283-299 Market St. Newark, NJ 07102
Phone: (973) 275-5555
Website: www.njtransit.com

About

As the third largest transit system in the U.S., operates 166 rail stations, 62 light rail stations, and more than 19,000 bus stops, connecting key destinations in New Jersey, New York, and Philadelphia.

1. Transportation by Train



Bergen County is served by three primary train lines:

- Main Line
- Bergen Line
- Pascack Valley Line

All three lines converge at Secaucus Junction, one of North America's busiest railway hubs, offering frequent connections to Hoboken and New York City every 15 minutes.

Printer-friendly timetables for each line are available by selecting 'Weekdays' and/or 'Weekends/Holidays'/Schedule in the table below

Train Line	Schedule	
Main/Bergen Line	Weekdays	Weekends/Holidays
Pascack Valley Line	Weekdays	Weekends/Holidays

You can plan your upcoming trip itinerary by train by [clicking here](#). Use the link to explore available train schedules, browse different routes and purchase tickets.

[illegible]

NJ TRANSIT Services



2. Planning Your Trip by Bus

NJ TRANSIT operates multiple bus lines in Essex County. You can:

- Explore routes online using the NJ TRANSIT [Bus Point-to-Point](#) tool.
- Contact NJ TRANSIT customer service at ☎ (973) 275-5555

How to Read a Timetable

Service Designation

Destination

Pickup/Dropoff locations along the route

To Paramus

Weekdays

Saturdays

709

Route Number

BLOOMFIELD Conger St. at Glenwood Ave.	BLOOMFIELD Broughton Ave. at Bay Ave.	CLIFTON (Allwood Circle) Bloomfield Ave. at Allwood Rd.	PASSAIC Washington Pl. at Main Ave.	LODI Union St. at Main St. (Liberty St.)	HASBROUCK HEIGHTS Williams Ave. at Boulevard	LODI Garibaldi Ave. at Main St.	ROCHELLE PARK Rochelle Ave. at Essex St.	PARAMUS Garden State Plaza
10	9	8	7	5	4	3	2	1
545	551	600	612	623	626	632	635	645
615	621	630	642	653	656	702	705	715
645	651	700	712	723	726	732	735	745
715	721	730	742	753	756	802	805	815
745	751	800	812	823	826	832	835	845
820	826	835	847	858	901	907	911	922
855	901	913	927	941	944	950	954	1005
930	938	950	1004	1018	1021	1027	1031	1042
1005	1013	1025	1039	1053	1056	1102	1106	1117
1040	1048	1100	1114	1128	1131	1137	1141	1152
1115	1123	1135	1149	1203	1206	1212	1216	1227
1150	1158	1210	1224	1238	1241	1247	1251	102
1225	1233	1245	1259	113	116	122	126	137
100	108	120	134	148	151	157	201	212
135	143	155	209	223	226	232	236	247
210	218	230	244	258	301	307	311	323
245	253	305	321	338	341	347	351	403
320	329	342	358	415	418	424	428	440
355	404	417	433	450	453	459	503	515
435	444	457	513	530	533	539	543	555
510	519	532	548	604	607	612	615	625
545	554	606	619	634	637	642	645	655
620	628	639	652	707	710	715	718	728
650	658	709	722	737	740	745	748	758
725	733	744	757	812	815	820	823	833
800	808	819	832	847	850	855	858	908
910	918	928	940	952	955	1000	1003	1013

BLOOMFIELD Conger St. at Glenwood Ave.	BLOOMFIELD Broughton Ave. at Bay Ave.	CLIFTON (Allwood Circle) Bloomfield Ave. at Allwood Rd.	PASSAIC Washington Pl. at Main Ave.	LODI Union St. at Main St. (Liberty St.)	HASBROUCK HEIGHTS Williams Ave. at Boulevard	LODI Garibaldi Ave. at Main St.	ROCHELLE PARK Rochelle Ave. at Essex St.	PARAMUS Garden State Plaza
10	9	8	7	5	4	3	2	1
703	709	719	732	745	748	753	756	806
813	819	829	842	855	858	904	907	917
920	928	938	952	1008	1011	1017	1020	1030
1030	1038	1048	1102	1118	1121	1127	1130	1140
1140	1148	1158	1137	1153	1156	1202	1205	1215
1250	1258	108	1212	1228	1231	1237	1240	1250
200	208	218	122	138	141	147	150	200
310	318	328	157	213	216	222	225	235
420	428	438	232	248	251	257	300	310
531	539	549	307	323	326	332	335	345
643	651	701	417	433	436	442	445	455
753	801	811	452	508	511	517	520	530
903	911	921	527	543	546	552	555	605
602	617	620	637	652	655	700	703	713
712	727	730	730	735	738	748	748	758
802	805	810	810	813	823	823	823	833
822	837	840	845	848	858	858	858	908
857	911	914	919	922	931	931	931	1006
946	949	954	957	957	957	957	957	1006

NO SERVICE will be operated on Sundays.

Times the bus will arrive at each stop



NJ TRANSIT Services



MyBus

MyBus is NJ TRANSIT's real-time information system for bus customers. It provides live bus location and arrival details.

- Call 📞 **(973) 275-5555** or text your bus stop number to MYBUS (69287)
- Find your bus stop ID online at njtransit.com or on MYBUS signs at bus stops statewide.



Tap and Ride

Use the new **Tap & Ride** option to pay your one-way fare on-board NJ TRANSIT buses using contactless payment cards.

- As you board, tap your card or mobile device on the on-board validator.
- Provide the number of zones you wish to travel to the bus operator for the proper fare. Take a seat and enjoy your ride – it's that easy.

Note: Some departures from Port Authority Bus Terminal still require a pre-purchased ticket.



3. Fares & Discounts

- NJ TRANSIT operates on a zone-based fare system, where costs depend on the number of zones traveled.
- Fares are subject to change and may vary by service. For the most up-to-date and detailed fare information, including current prices, monthly passes, reduced fares and fare zones visit the [NJ TRANSIT Fare Guide](#).

Fares/Monthly Pass	COST	TRANSFER*
Reduced Fare	\$0.80 - \$0.85	\$0.30
Full Fare	\$1.80	\$0.80 (South Jersey) \$0.85 (North Jersey)
Monthly Pass	\$67.00	
Bus (Fare priced by # of zones traveled)	\$1.80 - \$55.75 (One-Way)	
Light Rail (Fares are priced by route)	\$1.80-\$2.55 (One-Way)	
Rail	\$1.80 \$23.85 (One-Way)	

Deals

1. Student Pass	25% Savings	Student Pass
2. Family Super Saver Fares	Up to three kids 4 and under always ride free with a customer paying any valid fare. No ticket required for the kids 4 and under.	Family Fares
3. Reduced Fare	1. Eligibility: Seniors, people with disabilities or military personnel 2. Discount: 50% or more on a regular one-way fare. 3. Application required	Reduced Fare

NJ TRANSIT Services

Reduced Fare Program - Participating Private Bus Companies

- [Academy Bus](#)
- [Atlantic City Jitney Association](#)
- [Coach USA](#), which includes:
 - [Community Coach Lines](#)
 - [Hudson Transit Lines / Short Line](#)
 - [Olympia Trails Bus Co. Inc.](#)
 - [Rockland Coaches, Inc.](#)
 - [Suburban Transit Corp.](#)
- [Lakeland Bus Lines, Inc.](#)
- [Trans-Bridge Lines, Inc.](#)
- [Salem County — Community Shuttle](#)
- [NY Waterway](#)
- [Seastreak](#)

4. NJ TRANSIT Trip Planner

NJ TRANSIT's official trip planner is a user-friendly tool designed to help passengers plan their journeys across NJ TRANSIT's extensive network of buses, trains, and light rail services. With the trip planner, you can

- Enter your starting location and destination to receive step-by-step directions
- View schedules, travel times, and route options for your trip
- Check fare information for your chosen route
- Customize your trip by selecting preferences like travel time, fewer transfers, or specific transit modes

Visit [NJ TRANSIT Official Trip Planner](#) or **download** the NJ TRANSIT mobile app.



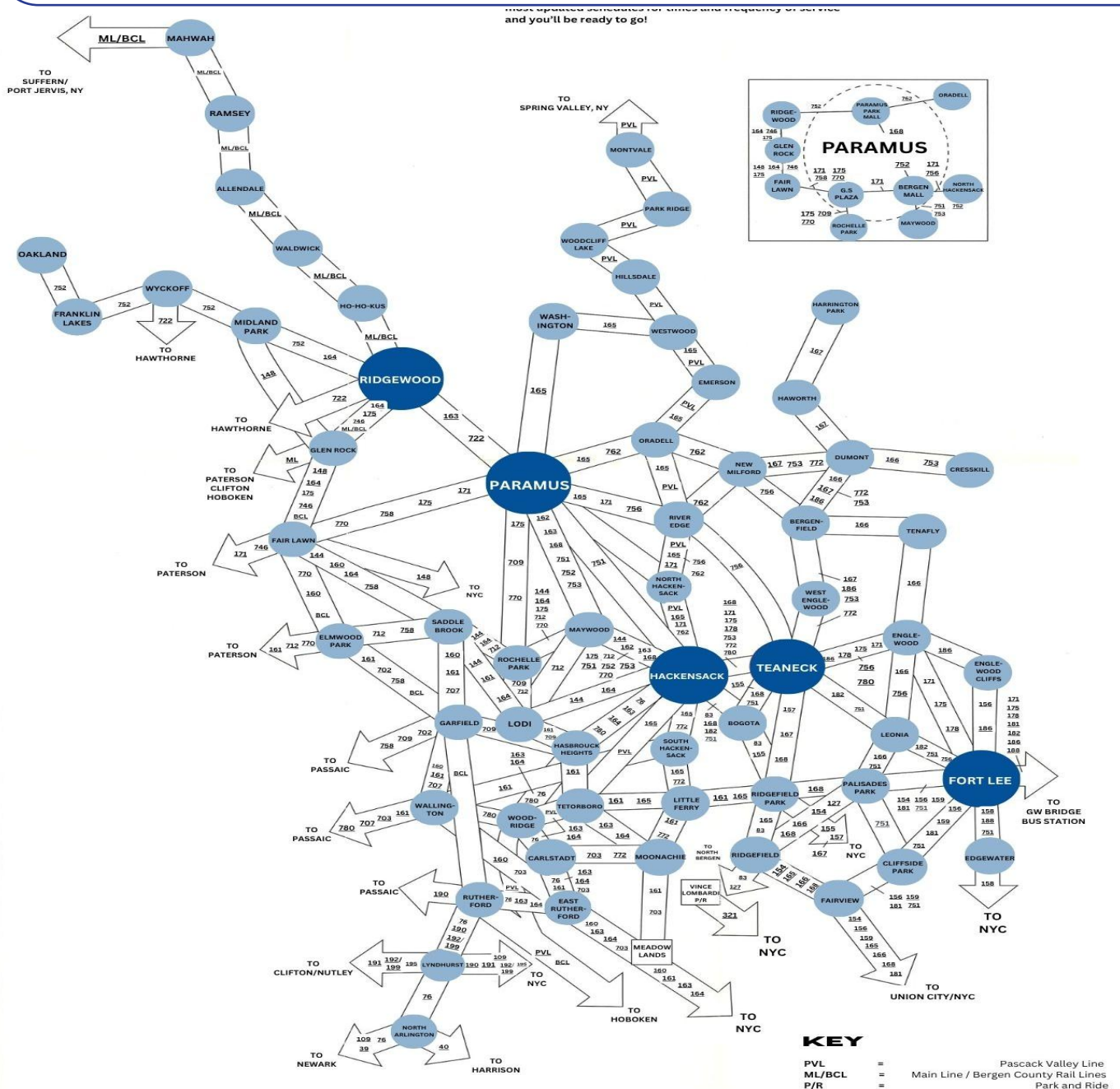
Not sure which route to take? Reach out to EZ Ride for Trip Planning assistance: (201) 939-4242.

5. NJ TRANSIT Bus & Rail Services – Bergen County

NJ TRANSIT offers extensive bus and rail connections within Bergen County and to New York City. To view individual routes and train lines:

- Click on the map below or [click here](#) to open the interactive map.
- Once the map is open, select a bus route or train line to see its schedule and details.

The map will guide you step by step on how to explore routes, connections, and schedules.





6. NJ TRANSIT Bus Routes

NJ TRANSIT operates 49 bus routes in Bergen County, providing a range of travel options:

- 18 routes serving local destinations within Bergen County
- Three routes linking to Newark
- 28 routes connecting to New York City/Port Authority Bus Terminal

The table below summarizes these routes, including links to their schedules for easy reference.

Table – 1. NJ TRANSIT Bus Routes in Bergen County

Local Bus Routes	Route Number	Bus Routes to Newark	Route Number
Hackensack - Jersey City - Journal Square	83	North Arlington - Kearny - Newark	30
Paterson - Elmwood Park	702	North Arlington - Kearny - Jersey Gardens	40
Haledon - Paterson - East Rutherford	703	Hackensack – North Arlington - Newark	76
Paterson – Paramus	707		
Bloomfield - Passaic – Paramus	709		
Hackensack - Paterson - Willowbrook Mall	712		
Paterson - Paramus Park	722		
Ridgewood – Paterson	746		
Paramus - Cliffside Park – Edgewater	751		
Oakland - Ridgewood – Hackensack	752		
New Milford – Paramus	753		
Paramus - Fort Lee – Edgewater	755		
Englewood Cliffs - Fort Lee - Paramus	756		
Passaic - Paramus Park	758		
Hackensack - New Milford – Paramus	762		
Paterson – Hackensack	770		
New Milford - Hackensack - Meadowlands	772		
Passaic - Hackensack – Englewood	780		
Bus Routes to New York	Route Number	Bus Routes to New York	Route Number
North Arlington – Lyndhurst - New York	109	Cresskill - Bergenfield - New York	166
Ridgefield - Union City - New York	127	Harrington Park - Teaneck - New York	167
Elmwood Park - Hackensack - New York	144	Teaneck - Ridgefield Park - New York	157

NJ TRANSIT Services

Fort Lee - Palisades Park - New York	154	Fort Lee - Edgewater - New York	158
Bogota - Ridgefield Park - New York	155	Fort Lee - New York	159
Englewood Cliffs - Fort Lee - New York	156	Elmwood Park - Wallington - New York	160
Fair Lawn - New York	145	Paramus - New York	168
Midland Park - New York	148	Teaneck – Fort Lee - New York	171
Lodi – Carlstadt - New York Express	151	Ridgewood - New York	175
Fairview - Fort Lee - New York	153	Rutherford - New York	190
Lodi - Carlstadt - New York	161	Rutherford-Lyndhurst - New York	191
Maywood - New York	162	Rutherford-Lyndhurst - New York	192/199
Ridgewood - New York	163		
Midland Park - Fair Lawn - New York	164		
Westwood - New York	165		

Bus Point-to-Point

- Use [Bus Point-to-Point](#) tool to plan your route.
- Enter your start and end locations, travel date, and time to see recommended routes, transfers, travel times, and bus schedules.
- You can save or print the itinerary for easy reference and check for any service updates or delays before your trip.

10. NJ TRANSIT Access Link



 **Address:** 2 Gateway
283-299 Market St. Newark, NJ 07102

 **Phone:** (973) 491-4224

 **Website:**
www.njtransit.com/accessibility/access-link-ada-paratransit

About

- Curb-to-curb wheelchair accessible transportation service for individuals with disabilities who cannot use regular fixed-route buses.
- Access Link service is comparable to the bus in that it is available during the same days and hours as the regularly scheduled local fixed route bus service, including weekends and holidays.

Key Features

- **Curb-to-curb Service** - Shared ride transportation with pick-up and drop-off points located within 3/4 of a mile of a fixed bus route or light rail station.
- **Pick-Up Timeframe** - Drivers operate within a 20-minute window before or after the scheduled pick-up time.
- **Types of Trips** - Access Link can be used for medical, social, recreational, shopping, and other travel purposes.

11. Bikes on Buses & Trains



NJ TRANSIT provides cyclists with a convenient and flexible way to travel across New Jersey, seamlessly combining bike, bus, and train options. Whether commuting, exploring, or choosing an eco-friendly trip, knowing how to bring your bike along can make your journey easier and more enjoyable.

Bikes on Buses

- Get your bike and gear ready as the bus approaches.
- Signal the driver that you'll be using the bike rack once the bus stops.
- Use one hand to lower the rack and the other to lift your bike onto it.
- Place the tires in the slots labeled "front" and "back."
- Pull the support bar over the front tire to secure the bike.
- Before getting off, let the driver know you'll be unloading your bike.
- When unloading, release the support bar, remove your bike, and fold the rack back up.

Bikes on Trains

- Foldable bicycles are permitted on all NJ TRANSIT trains at all times.
- Standard bicycles are not permitted on weekday peak-direction trains:
 - **Inbound trains arriving in Newark, Hoboken, or New York 6:00–10:00 A.M.**
 - **Outbound trains departing Newark, Hoboken, or New York 4:00–7:00 P.M.**
- Use designated bike areas, usually located in ADA-accessible sections near the doors.
- Wheelchair users have priority in these spaces.
- Secure your bike to keep it stable during the trip.

Bikes on PATH Trains

- For those looking to transport their bicycles via PATH train, different equipment and loading procedures are in place.
- Folded bicycles are permitted on PATH at all times, with a limit of two bikes per car.
- Electric bicycles (e-bikes) and electric scooters are not allowed on PATH trains at any time
- Non-folding bicycles are permitted except for the rush hour periods of 6:30-9:30 a.m. and 3:30-6:30 p.m. Bicycles are not permitted in the first railcar of a train.

12. NJTIP at Rutgers University



 **Address:** 33 Livingston Avenue
New Brunswick, NJ, 08901

 **Phone:** (848) 932-4499

 **Website:** vtc.rutgers.edu/njt看ip

Travel Training Program

- The New Jersey Travel Independence Program (NJTIP) at Rutgers University helps expand mobility for older adults and people with disabilities through personalized travel instruction.
- The program teaches safe, independent travel skills across all public transportation modes, including buses, trains, light rail, and both county and private transit systems.
- NJTIP provides one-on-one training, where instructors guide participants in learning to travel independently, as well as small group and in-school sessions that promote social learning among participants.

13. EV Resources



EV Charging Station Map



www.plugshare.com

- [PlugShare](#) is a free application designed by a private company to help electric vehicle (EV) drivers easily locate charging stations, contribute reviews, and connect with fellow plug-in vehicle enthusiasts.
- The app features the world's most comprehensive public charging map, encompassing stations from all major networks across North America, Europe, and beyond. Supported by the largest global community of EV drivers.
- PlugShare continuously updates its database, ensuring users always have access to the latest and most accurate information.

EV Road Trip Planner

- [A Better Routeplanner](#) (ABRP) is a private application for planning road trips and learning about electric vehicles (EVs).
- Simply select your vehicle model, enter your destination, and choose "Plan" to generate a full trip itinerary that includes suggested charge stops and accurate trip duration.



A Better Routeplanner

www.abetterrouteplanner.com

14. Conclusion



Embracing a Connected Future

The diverse transportation options available in Bergen County confirm a commitment to providing accessible, efficient, and sustainable mobility solutions for all residents and visitors.

Key Takeaways

1. **Comprehensive Public Transit:** NJ TRANSIT's extensive network of buses and trains connects Bergen County internally and to major hubs.
2. **Inclusive Transportation:** Specialized services ensure that older adults and individuals with disabilities can travel independently and affordably.
3. **Alternative Options:** From bike-friendly initiatives to carpooling and EV support, Bergen County is embracing eco-friendly transportation alternatives.
4. **Community-Focused Solutions:** A variety of solutions demonstrate a commitment to addressing specific local transportation needs.

Moving Forward Together

By leveraging diverse transportation options, we can create a more connected, accessible, and sustainable Bergen County. Whether you're a daily commuter, an occasional traveler, or planning for future mobility needs, this guide serves as a roadmap to smarter transportation choices.

Let's continue to embrace innovation in mobility, reduce our environmental impact, and enhance the quality of life for all Bergen County residents. Together, we're not just moving from place to place – we're moving towards a brighter, more connected future.